

NOVEMBER

is

Suicide Prevention Month

Please visit any FFSC to meet with a Counseling & Advocacy Counselor if you or someone you know is contemplating suicide.

We're Here for YOU!

Fleet & Family Support Center ☼ San Diego

www.cnrsw.navy.mil/fsc

Naval Base San Diego (556-7404) • Naval Base Coronado (545-6071) • Naval Base Point Loma (553-8306)



**Meeting your needs.
At home. At sea.**